

Linda Lingle
Governor

PATRICIA HAMAMOTO
Superintendent

STATE OF HAWAII
DEPARTMENT OF EDUCATION

DATE: 07/16/2008

MEMO TO: Complex Area Superintendents and Principals

Priority:

CC: The Honorable Donna Ikeda, Chairperson, Board of Education
Members of the Board of Education
Superintendent's Office Directors
Sandra Goya, Director, DOE Communications Office
Chiyoume Fukino, M.D., Director, Department of Health

FROM: Patricia Hamamoto, State Superintendent
Office of the Superintendent

SUBJECT: School Level Implementation of the DOE Wellness Guidelines - Revised

The purpose of this memorandum is to clarify which elements of the Wellness guidelines are mandatory and which are conditional.

All but two of the Wellness checklist items must be completed by the end of SY 2010-11. Schools may determine the order in which they address the various checklist items. The Wellness Guideline Implementation Checklist is attached for your reference.

The two exceptions (highlighted in yellow on the attached checklist) from the mandatory requirement are in the "Physical Activity" component:

1. The requirement for state-certified physical education instructors and student-teacher ratios will be contingent on availability of certified physical education staff.
2. The discouragement of extended periods of inactivity, when mandatory school-wide testing makes it necessary for students to be inactive for extended periods of time, will be addressed by giving students periodic breaks to stand and be moderately active unless the testing protocol specifies otherwise.

As United States Department of Agriculture (USDA), State legislation, Institute of Medicine standards, and research driven best practices are revised, the Department will update the guidelines accordingly.

For latest information regarding Wellness Guidelines implementation, please access the Wellness Guidelines Online Toolkit at <http://doe.k12.hi.us/foodservice/toolkit/index.htm>. For all other inquiries, please contact Ms. Glenna Owens, School Food Service Director, at (808) 733-8400 or Mr. Dave Randall, Educational Specialist for Health and Physical Education, at (808) 733-9141 extension 303. Both parties may also be reached via Lotus Notes.

PH:GO:lw
Attachment



wellness guidelines checklist 071608.xls